

LUNCH MENU

JULY 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	28 Pizza Tossed Salad with Lite Dressing Chocolate Pudding 	29 Oven Baked Chicken Nuggets Dipping Sauce Steamed Kernel Corn Sliced Peaches	30 Grilled Cheese Cole Slaw Pickle Chips Jello 	1 BBQ Cookout All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon
4 	5 Baked Macaroni and Cheese Italian Bread Steamed Carrots Sliced Peaches	6 Oven Baked Chicken Nuggets Dipping Sauce Steamed Kernel Corn Sliced Pineapple	7 All Beef Tacos Lettuce, Tomatoes, Cheddar Cheese Steamed Green beans Fresh Fruit	8 Pizza Tossed Salad with Lite Dressing Vanilla Pudding 
11 White Meat Chicken Patty on a Bun Picnic Salads Pickle Chips Sliced Peaches 	12 Grilled Cheese Macaroni Salad Pickle Chips Fresh Fruit	13 Sliced Turkey with Gravy Mashed Potatoes Steamed Green Beans Fresh Fruit 	14 BBQ Cookout All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon	15 Oven Baked Chicken Nuggets Dipping Sauce Steamed Kernel Corn Jello
18 Meatball Hero Tossed Salad with Lite Dressing Applesauce	19 Pizza Bagels Tossed Salad with Lite Dressing Chocolate Pudding 	20 All Beef Tacos Lettuce, Tomatoes, Cheddar Cheese Steamed Green Beans Orange Slices	21 White Meat Chicken Patty on a Bun Picnic Salads Pickle Chips Sliced Pineapple 	22 Baked Ziti with Skim Mozzarella Cheese Tossed Salad with Lite Dressing Italian Bread Fresh Fruit

All meals are served with a choice of 99% fat free milk or fruit juice. Available daily as alternate selections are: sliced turkey breast, lite yogurt with fruit, tuna with lite mayonnaise, American cheese, bagel with cream cheese, bagel with margarine, cream cheese and jelly, beef bologna. Sandwiches made on choice of whole wheat or white bread. An afternoon snack of ice cream or ices is provided daily. Glatt Kosher meals are also available. All food served contains 0 grams of trans fat added through the preparation process.

LUNCH MENU

AUGUST 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza 25 Tossed Salad with Lite Dressing Vanilla Pudding 	Chicken and Vegetable Fajitas 26 Salsa Cheddar Cheese Steamed Kernel Corn Fresh Fruit	Grilled Cheese 27 Cole Slaw Pickle Chips Orange Slices	Oven Baked Chicken Nuggets 28 Dipping Sauce Steamed Kernel Corn Jello	BBQ Cookout 29 All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon 
White Meat Chicken Patty on a Bun 1 Picnic Salads Pickle Chips Sliced Peaches	Pizza 2 Tossed Salad with Lite Dressing Chocolate Pudding 	Baked Ziti with Skim Mozzarella Cheese 3 Tossed Salad with Lite Dressing Italian Bread Fresh Fruit	Oven Baked Chicken Nuggets 4 Dipping Sauce Steamed Kernel Corn Sliced Pineapple	Breakfast for Lunch 5 Assorted Cold Cereals French Toast with Syrup Orange Slices 
All Beef Tacos 8 Lettuce, Tomatoes, Cheddar Cheese Celery Sticks/Fresh Fruit 	Oven Baked Country Fried Chicken 9 Picnic Salads Applesauce	Pizza 10 Tossed Salad with Lite Dressing Jello 	Sloppy Joe on a Bun 11 Tossed Salad with Lite Dressing Baked Tater Tots Fresh Fruit	White Meat Chicken Patty on a Bun 12 Vegetable Pasta Salad Pickle Chips Fresh Fruit
Baked Macaroni and Cheese 15 Italian Bread Steamed Carrots Vanilla Pudding	BBQ Cookout 16 All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon 	Grilled Cheese 17 Macaroni Salad Pickle Chips Fresh Fruit	Oven Baked Chicken Nuggets 18 Dipping Sauce Steamed Kernel Corn Sliced Peaches	Pizza 19 Tossed Salad with Lite Dressing Surprise Dessert 

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