

# LUNCH MENU



## JULY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			29 <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 	30 <b>BBQ Cookout</b> All Beef Hamburgers Kosher Hot Dogs Watermelon Slices 
<b>CAMP CLOSED FOR INDEPENDENCE DAY</b> 		5 <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Peaches	6 <b>Baked Mac &amp; Cheese</b> Italian Bread Steamed Carrots Sliced Pineapple 	7 <b>Grilled Cheese</b> Cole Slaw Pickle Chips Fresh Fruit
10 <b>White Meat Chicken Patty on a Bun</b> Macaroni Salad Pickle Chips Sliced Pears 	11 <b>Taco Tuesday!</b> All Beef Tacos Shredded Lettuce, Tomatoes Baked Tater Tots Fresh Fruit 	12 <b>Meatball Hero</b> Steamed Green Beans French Fries Applesauce	13 <b>Baked Ziti With Skim Mozzarella Cheese</b> Garden Salad with Lite Dressing Italian Bread Fresh Fruit 	14 <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 
17 <b>Grilled Cheese</b> Cole Slaw Pickle Chips Fresh Fruit	18 <b>Taco Tuesday!</b> All Beef Tacos Shredded Lettuce, Tomatoes Baked Tater Tots Fresh Fruit	19 <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Peaches	20 <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 	21 <b>BBQ Cookout</b> All Beef Hamburgers Kosher Hot Dogs Watermelon Slices 
24 <b>White Meat Chicken Patty on a Bun</b> Macaroni Salad Pickle Chips Sliced Pears	25 <b>Baked Mac &amp; Cheese</b> Italian Bread Steamed Carrots Sliced Pineapple 	26 <b>Grilled Cheese</b> Cole Slaw Pickle Chips Fresh Fruit	27 <b>Sweet &amp; Sour Chicken</b> Lo Mein Noodles Steamed Broccoli Mandarin Oranges	28 <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 

### Daily Alternate Selections Include:

Bagel w/ Cream Cheese or Margarine • Lite Flavored Yogurt • Fresh Fruit • Beef Bologna • American Cheese • Sliced Turkey Breast • Tuna w/ Lite Mayo • Jelly • WOWBUTTER  
Whole Wheat Bread (Available on request) • Whole Grain Pasta (Available on pasta days) • Whole Wheat Hamburger & Hot Dog Buns (Available on request)

**All Meals Served  
with Choice of 1%  
Milk or Water**

**Glatt Kosher  
Available  
Upon Request!**

**Afternoon Snack of  
Ice Cream, Ices or Pretzels  
Provided Daily!**

**Dietary Restrictions  
& Allergies Can Be  
Accommodated!**



# LUNCH MENU



## AUGUST 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> <b>Kosher Hot Dog</b> Potato Knish Vegetarian Baked Beans Watermelon Slices 	<b>1</b> <b>Baked Ziti With Skim Mozzarella Cheese</b> Garden Salad with Lite Dressing Italian Bread Fresh Fruit	<b>2</b> <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Peaches	<b>3</b> <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 	<b>4</b> <b>Brunch for Lunch</b> French Toast with Powdered Sugar Assorted Cold Cereals Hash Brown Potato Fresh Banana
<b>7</b> <b>Grilled Cheese</b> Cole Slaw Pickle Chips Fresh Fruit 	<b>8</b> <b>Taco Tuesday!</b> All Beef Tacos Shredded Lettuce, Tomatoes Baked Tater Tots Fresh Fruit	<b>9</b> <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 	<b>10</b> <b>Meatball Hero</b> Steamed Green Beans French Fries Applesauce 	<b>11</b> <b>White Meat Chicken Patty on a Bun</b> Macaroni Salad Pickle Chips Sliced Pears 
<b>14</b> <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 	<b>15</b> <b>Taco Tuesday!</b> All Beef Tacos Shredded Lettuce, Tomatoes Baked Tater Tots Fresh Fruit 	<b>16</b> <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Peaches	<b>17</b> <b>Baked Ziti With Skim Mozzarella Cheese</b> Garden Salad with Lite Dressing Italian Bread Fresh Fruit	<b>18</b> <b>BBQ Cookout</b> All Beef Hamburgers Kosher Hot Dogs Watermelon Slices  
<b>21</b> <b>Grilled Cheese</b> Cole Slaw Pickle Chips Fresh Fruit 	<b>22</b> <b>Taco Tuesday!</b> All Beef Tacos Shredded Lettuce, Tomatoes Baked Tater Tots Fresh Fruit	<b>23</b> <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Peaches	<b>24</b> <b>Pizza</b> Tossed Salad with Lite Dressing Surprise Dessert 	

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