

# LUNCH MENU

# JULY 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>28</b> <b>Pizza</b> Tossed Salad with Lite Dressing Chocolate Pudding 	<b>29</b> <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Peaches	<b>30</b> <b>Grilled Cheese</b> Cole Slaw Pickle Chips Jello 	<b>1</b> <b>BBQ Cookout</b> All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon
<b>4</b> 	<b>5</b> <b>Baked Macaroni and Cheese</b> Italian Bread Steamed Carrots Sliced Peaches	<b>6</b> <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Sliced Pineapple	<b>7</b> <b>All Beef Tacos</b> Lettuce, Tomatoes, Cheddar Cheese Steamed Green beans Fresh Fruit	<b>8</b> <b>Pizza</b> Tossed Salad with Lite Dressing Vanilla Pudding 
<b>11</b> <b>White Meat Chicken Patty on a Bun</b> Picnic Salads Pickle Chips Sliced Peaches 	<b>12</b> <b>Grilled Cheese</b> Macaroni Salad Pickle Chips Fresh Fruit	<b>13</b> <b>Sliced Turkey with Gravy</b> Mashed Potatoes Steamed Green Beans Fresh Fruit 	<b>14</b> <b>BBQ Cookout</b> All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon	<b>15</b> <b>Oven Baked Chicken Nuggets</b> Dipping Sauce Steamed Kernel Corn Jello
<b>18</b> <b>Meatball Hero</b> Tossed Salad with Lite Dressing Applesauce	<b>19</b> <b>Pizza Bagels</b> Tossed Salad with Lite Dressing Chocolate Pudding 	<b>20</b> <b>All Beef Tacos</b> Lettuce, Tomatoes, Cheddar Cheese Steamed Green Beans Orange Slices	<b>21</b> <b>White Meat Chicken Patty on a Bun</b> Picnic Salads Pickle Chips Sliced Pineapple 	<b>22</b> <b>Baked Ziti with Skim Mozzarella Cheese</b> Tossed Salad with Lite Dressing Italian Bread Fresh Fruit

All meals are served with a choice of 99% fat free milk or fruit juice. Available daily as alternate selections are: sliced turkey breast, lite yogurt with fruit, tuna with lite mayonnaise, American cheese, bagel with cream cheese, bagel with margarine, cream cheese and jelly, beef bologna. Sandwiches made on choice of whole wheat or white bread. An afternoon snack of ice cream or ices is provided daily. Glatt Kosher meals are also available. All food served contains 0 grams of trans fat added through the preparation process.



# LUNCH MENU

# AUGUST 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Pizza</b> 25 Tossed Salad with Lite Dressing Vanilla Pudding 	<b>Chicken and Vegetable Fajitas</b> 26 Salsa Cheddar Cheese Steamed Kernel Corn Fresh Fruit	<b>Grilled Cheese</b> 27 Cole Slaw Pickle Chips Orange Slices	<b>Oven Baked Chicken Nuggets</b> 28 Dipping Sauce Steamed Kernel Corn Jello	<b>BBQ Cookout</b> 29 All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon 
<b>White Meat Chicken Patty on a Bun</b> 1 Picnic Salads Pickle Chips Sliced Peaches	<b>Pizza</b> 2 Tossed Salad with Lite Dressing Chocolate Pudding 	<b>Baked Ziti with Skim Mozzarella Cheese</b> 3 Tossed Salad with Lite Dressing Italian Bread Fresh Fruit	<b>Oven Baked Chicken Nuggets</b> 4 Dipping Sauce Steamed Kernel Corn Sliced Pineapple	<b>Breakfast for Lunch</b> 5 Assorted Cold Cereals French Toast with Syrup Orange Slices 
<b>All Beef Tacos</b> 8 Lettuce, Tomatoes, Cheddar Cheese Celery Sticks/Fresh Fruit 	<b>Oven Baked Country Fried Chicken</b> 9 Picnic Salads Applesauce	<b>Pizza</b> 10 Tossed Salad with Lite Dressing Jello 	<b>Sloppy Joe on a Bun</b> 11 Tossed Salad with Lite Dressing Baked Tater Tots Fresh Fruit	<b>White Meat Chicken Patty on a Bun</b> 12 Vegetable Pasta Salad Pickle Chips Fresh Fruit
<b>Baked Macaroni and Cheese</b> 15 Italian Bread Steamed Carrots Vanilla Pudding	<b>BBQ Cookout</b> 16 All Beef Hamburgers Kosher Hot Dogs Potato Chips, Soda Watermelon 	<b>Grilled Cheese</b> 17 Macaroni Salad Pickle Chips Fresh Fruit	<b>Oven Baked Chicken Nuggets</b> 18 Dipping Sauce Steamed Kernel Corn Sliced Peaches	<b>Pizza</b> 19 Tossed Salad with Lite Dressing Surprise Dessert 

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